



Employee Assistance

2017

Looking for help with Employee Well-Being?

If you have a member of staff or colleague that is looking for support, then the Craigie Partnership is here to help. Our team of professional psychologists, therapists and coaches deliver a range of services for employee well-being and training.

These services include:

- Counselling or Therapy (including CBT – cognitive behavioural therapy)
- Stress Management
- Professional Coaching (including psychometrics for recruitment and development)
- Redundancy Support (CVs, Interviews, career coaching)
- Manager Training (using HSE manager competency tools for reducing stress)
- Organisational Stress Audits (HSE management standards)

Our services are private and confidential. You can also read testimonials on our website.

How much does it cost?

We can tailor our services to suit a range of budgets and work across many different sectors, including charities and small business.

An organisation-funded session with one of our psychologists/coaches costs **£120** for an assessment appointment and thereafter **£110** per appointment (usually 50 mins). Organisations can pay for a set number of sessions (typically a block of 5 or 6). Thereafter, sessions can be added as required or clients can choose to continue with a discounted self-funding model. We also offer discounts for charities or smaller organisations employing under 25 staff.

Manager Training and Stress Audits are based on numbers of staff and we are happy to discuss your needs and provide more details and quotes with no obligation. A stress audit is one of our most cost-effective services that allows your organisation to identify key areas of need to target interventions effectively and meet your legal obligations as an employer.

| www.edinburghpsychologyservices.co.uk | www.edinburghcoachingservices.co.uk |

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